

Supplement 1.

Herbal name	Pharmaceutical name	Dose
Sams0-eum (蓼蘇飲, Kyoungbang Samsoeum Soft Ext.)		
前胡	Angelicae Decursivae Radix Soft Ext.	575mg
枳殼	Aurantii Fructus Immaturus Soft Ext.	582.8mg
陳皮	Citrus Unshiu Peel Soft Ext.	376mg
人蔘	Ginseng Soft Ext.	350mg
大棗	Jujube Soft Ext.	341.7mg
甘草	Licorice Soft Ext.	413.6mg
紫蘇葉	Perilla Herb Soft Ext.	425mg
半夏	Pinellia Tuber Soft Ext.	1737.5mg
桔梗	Platycodon Root Soft Ext.	366.6mg
茯苓	Poria Soft Ext.	187.5mg
葛根	Pueraria Root Soft Ext.	450mg
生薑	Raw Ginger Soft Ext.	85mg
Yeonkyopaedok-san(蓮翹敗毒散, Kyoungbang Yeongyopaedoksan Soft Ext.)		
獨活	Aralia Continentalis Root Soft Ext.	264mg
枳殼	Aurantii Fructus Immaturus Soft Ext.	545.6mg
柴胡	Bupleurum Root Soft Ext.	220mg
川芎	Cnidium Rhizome Soft Ext.	378.4mg
連翹	Forsythia Fruit Soft Ext.	220mg
甘草	Licorice Soft Ext.	387.2mg
金銀花	Lonicera Flower Soft Ext.	272.8mg
薄荷	Mentha Herb Soft Ext.	246.4mg
羌活	Ostericum Root Soft Ext.	308mg
桔梗	Platycodon Root Soft Ext.	343.2mg
茯苓	Poria Soft Ext.	132mg
生薑	Raw Ginger Soft Ext.	85mg
防風	Saposhnikovia Root Soft Ext.	316.8mg
荊芥	Schizonepeta Spike Soft Ext.	176mg
Haengso-tang(杏蘇湯, Kyoungbang Haengsotang Soft Ext.)		
杏仁	Apricot Kernel Soft Ext.	337.5mg
白朮	Atractylodes Rhizome White Soft Ext.	412.5mg
陳皮	Citrus Unshiu Peel Soft Ext.	500mg
浙貝母	Fritillaria Thunbergii Bulb Soft Ext.	112.5mg
甘草	Licorice Soft Ext.	277.2mg
桑白皮	Mulberry Root Bark Soft Ext.	150mg
紫蘇葉	Perilla Herb Soft Ext.	425mg
半夏	Pinellia Tuber Soft Ext.	1737.5mg
生薑	Raw Ginger Soft Ext.	141.1mg
五味子	Schisandra Fruit Soft Ext.	312.5mg

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Saengmaek-san(生脈散, Kyoungbang Saengmaeksan)		
人蔘	Ginseng Ext. Powder	1.33g
麥門冬	Liriope Tuber Ext. Powder	2.67g
五味子	Schisandra Fruit Ext. Powder	1.33g
Samchulkunbi-tang(參出健脾湯, Kyoungbang Samchulgeonbitang Soft Ext.)		
砂仁	Amomum Fruit Soft Ext.	182.7mg
白朮	Atractylodes Rhizome White Soft Ext.	412.5mg
陳皮	Citrus Unshiu Peel Soft Ext.	500mg
山楂	Crataegus Fruit Soft Ext.	512.5mg
人蔘	Ginseng Soft Ext.	350mg
麥芽	Hordeum Fruit Germination Soft Ext.	214.2mg
大棗	Jujube Soft Ext.	341.7mg
甘草	Licorice Soft Ext.	277.2mg
厚朴	Magnolia Bark Soft Ext.	200mg
神麩	Massa Medicata Fermentata Soft Ext.	403.2mg
芍藥	Peony Root Soft Ext.	330mg
枳實	Poncirus Immature Fruit Soft Ext.	250mg
茯苓	Poria Soft Ext.	187.5mg
生薑	Raw Ginger Soft Ext.	85mg
Bojungikgi-tang(補中益氣湯, Kyoungbang Bojungikgitang Soft Ext.)		
當歸	Angelica Gigas Root Soft Ext.	207.9mg
黃芪	Astragalus Root Soft Ext.	526.4mg
白朮	Atractylodes Rhizome White Soft Ext.	412.5mg
柴胡	Bupleurum Root Soft Ext.	95mg
升麻	Cimicifuga Rhizome Soft Ext.	76mg
陳皮	Citrus Unshiu Peel Soft Ext.	252mg
人蔘	Ginseng Soft Ext.	350mg
甘草	Licorice Soft Ext.	550mg
Banhasasim-tang(半夏瀉心湯, Kyoungbang Banhasasimtang Soft Ext.)		
黃蓮	Coptis Rhizome Soft Ext.	132.3mg
人蔘	Ginseng Soft Ext.	526.4mg
大棗	Jujube Soft Ext.	341.7mg
甘草	Licorice Soft Ext.	827.2mg
半夏	Pinellia Tuber Soft Ext.	3475mg
生薑	Raw Ginger Soft Ext.	85mg
黃芩	Scutellaria Root Soft Ext.	1109.2mg
乾薑	Zingiberis Rhizoma Soft Ext.	387.5mg